SOP WAREHOUSESOP

FREE PRINTABLE CHECKLIST

Trailer Chocking and Spotting Checklist

Regulation: 29 CFR 1910.178(k)(1)

FACILITY	AREA OR EQUIPMENT ID	DATE	SHIFT
INSPECTED BY (PRINT)		SIGNATURE	

1. Procedure checks

Tick each step as it is done, in this order.

DONE	CHECK	NOTES
☐	Brakes set, engine off, driver key or badge surrendered	
☐	Chock both rear wheels snug, or engage the dock lock	
☐	Confirm the restraint captured the impact guard	
☐	No tractor attached? Landing gear down plus fixed jacks	
☐	Check the interior light: green means go, red means stop	
☐	Look at the chocks or lock yourself before you board	
☐	Check the trailer floor and load before entering	
☐	Release only when the trailer is empty of people and gear	

2. Compliance checks

Tick each item that is in place. The citation after an item is the paragraph that requires it.

DONE	CHECK	NOTES
☐	Truck and trailer brakes are set before a powered industrial truck boards 29 CFR 1910.178(k)(1)	
☐	Wheel chocks are placed under the rear wheels as the regulation requires; where this facility uses a powered dock lock instead, the restraint is engaged and verified as the equivalent means recognized by OSHA interpretive guidance 29 CFR 1910.178(k)(1)	
☐	Fixed jacks or trailer stands support a semitrailer that is not coupled to a tractor	
☐	Driver keys, badges, or release documents are controlled at a designated point during loading	
☐	Interior and exterior signals are opposed, verified by sight, and changed only by the person who secured the trailer	

WARNINGS

Never board a trailer on a red signal or an unverified chock

Never stand between a backing trailer and the dock, another trailer, or a fixed object

A light is not a substitute for looking: verify the chocks or lock by sight every time

SUPERVISOR REVIEW

REVIEWED BY (SUPERVISOR)	SIGNATURE	DATE